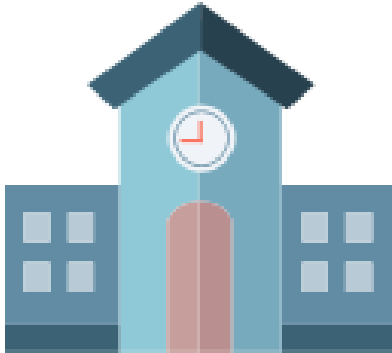


Asthma Facts

RSA 200:54: RESCUE INHALERS IN SCHOOLS



AN ACT relative to the provision and administration of bronchodilators, spacers, and nebulizers in schools...



An Overview of the Law:

- An amendment to RSA 200 to include the use of bronchodilators, spacers, and nebulizers in schools.
- Allows school districts to keep a supply of emergency inhalers at school, for student use during an asthma emergency.
- After completion of an asthma training program school personnel can help administer a rescue inhaler.
- Students must have an asthma action plan and parental permission on file.

ASTHMA ACTION FORM Healthcare Providers' Orders

Patient's Name: _____ Date of Birth: _____
Allergies: _____ Today's Date: _____

TO BE COMPLETED BY PHYSICIAN/HEALTHCARE PROVIDER

Taker: _____ 15 to 20 minutes before sports or play.
Student may: ☐ Self Carry ☐ Self Administer ☐ Has demonstrated to me proficient use (initial)

GREEN: WELL PLAN (My child feels well.)
• No cough / No wheeze
• Can play or exercise normally
• Peak flow number is above _____
• Personal best peak flow is _____

YELLOW: SICK PLAN (My child does not feel well.)
• Coughing / Wheezing
• Tight Chest
• Shortness of breath
• Waking up in the night
• First sign of a cold
• Peak flow is between _____ and _____

RED: EMERGENCY PLAN (My child feels awful.)
• Breathing is hard and fast
• Wheezing a lot
• Can't talk well
• Rib or neck muscles show when breathing
• Nostrils open wide when breathing
• Medicine is not helping

Use these medicines every day to control asthma symptoms. Remember to use spacer with inhaler.

MEDICINE	DOSE	HOW TO TAKE	WHEN TO TAKE

Continue DAILY MEDICINE and ADD:
QUICK RELIEF DOSE HOW TO TAKE WHEN TO TAKE

If needing quick relief medicine more than every 4 hours or every 4 hours for more than a day, call the doctor at the phone number below. Call doctor/clinic anytime there is no improvement or with any questions! For School Use: Contact Parent.

Take quick relief medicine puffs, or one nebulizer/breathing treatment every 15 minutes until you reach a doctor. Side effects of rescue medication include increased heart rate and jittery feeling. If a doctor cannot be reached, please go to the Emergency Room or CALL 911. For School Use: Follow Emergency Plan and contact parent.

Healthcare Provider (print name): _____ Phone Number: _____
Healthcare Provider (sign & date): _____ Emergency Phone: _____

TO BE COMPLETED BY PARENT OR GUARDIAN

Food Allergies: _____

Triggers: Cold Air, Weather Change, Mold, Stuffed Animals, Strenuous Exercise, Cigarette Smoke, Strong Odor/Perfume, Pollen, Colds/URI, Animal Fur, Smoke, Dust Mites/Dust, Wood Smoke, Chemicals

I authorize the exchange of medical information about my child's asthma between the physician's office and school nurse/staff.

Parent/Guardian (print name): _____ Phone Number: _____
Parent/Guardian (sign & date): _____ Cell Phone: _____
School Nurse (print name): _____ Phone Number: _____
School Nurse (sign & date): _____

This amendment would not have been possible without the support of: the NH School Nurses Association, the American Lung Association, the NH Public Health Association, Sen. Sanborn, Sen. Avard, Sen. Boutin, Sen. Kelly, Sen. Reagan, Sen. Watters, and Sen. Woodburn!

More than **28,000** NH children with asthma will breathe easier at school as a result of RSA 200:54

A Breakdown of the Law:

Prescribing Authority

- School board authorizes the school nurse to maintain the medication supply
- A health care practitioner can prescribe rescue medications to the school district

Student Eligibility

- Student must have an asthma action plan on file, updated annually
- Student's health provider must produce order form with dosage information & permission to use school stock in an emergency
- Must have written permission from the parent

Reporting Requirements

- School must produce an annual report summarizing use of meds and equipment
- If emergency school stock was used on a child, schools must notify parents as soon as possible

School Personnel

- To administer a rescue inhaler, a school employee must be designated by the school nurse and must have completed an asthma training program conducted by the school nurse
- The school nurse will maintain a list of those who have completed the asthma training program
- The asthma training program must consist of:
 - An initial training and an annual refresher course based on training programs by the NH School Nurses Association, the National Association of School Nurses, and the American Lung Assoc.
 - Techniques on how to recognize symptoms of severe respiratory distress
 - Standards and procedures for the storage
 - Administration of the bronchodilator with spacer or nebulizer

Guidance from Department Of Education

- The NH School Nurses Assoc. and the American Lung Association will provide guidelines for this policy within 5 months from its effective date
 - This includes trainings for unlicensed school personnel (*In Progress*)
- Immunity against liability is built into the legislation provided that any damages are not caused by the willful disregard for the requirement